



# Consciously Connected Coaching Collective

## What's On: October 2023 – July 2024

2023			
Date	Time	Type	Title
11 October	10am-11.30am	 <b>Masterclass</b>	The drama triangle in coaching
16 October	3pm-4pm	'Connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa
13 November	3pm-4pm	'Connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa
30 November	10am-11.30am	 <b>Masterclass</b>	Emotions in coaching
4 December	4pm-5pm	<b>Book Club</b> 	Creating the Reflective Habit by Michelle Lucas
11 December	3pm-4pm	'Connect' (drop-in)	With mince pies!
13 December	2pm-3.30pm	 <b>Masterclass</b>	Reflective practice for coaches
2024			
18 January	2pm – 3.30pm	 <b>Masterclass</b>	Coaching & Emotional Intelligence
22 January	3-4pm	'connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa
26 February	3-4pm	'connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa





20 February	10am-11.30am	 Masterclass	Coaching & personality: using the Myers Briggs Type Indicator (MBTI)
4 March	4pm-5pm	Book Club 	To be decided
25 March	3-4.30pm	Seasonal bonus session 	Equinox' reflection and planning session
19 March	10-11.30	 Masterclass	Coaching outdoors
11 March	3-4pm	'connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa
17 April	2-3.30	 Masterclass	Coaching strengths: an appreciative approach
22 April	3-4pm	'connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa
13 May	3-4pm	'connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa
10 May	10-11.30	 Masterclass	Mindfulness for coaches
3 June	4-5pm	Book Club 	To be decided
24 June	3-4pm	'connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa
13 June	2-3.30pm	 Masterclass	To be decided (let me know what would be useful!)
17 June	3-4.30pm	Seasonal bonus session 	Solstice reflection and planning session
8 July	3-4pm	'connect' (drop-in)	Bring ideas, questions, discussions, support and a cuppa



19 July

10-11.30am



**Masterclass**

To be decided (let me know what would be useful!)

